

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE



COURSE TITLE: COUNSELLING AND HUMAN SEXUALITY

CODE NO.: CCW 505-3

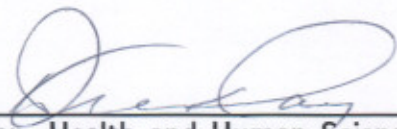
PROGRAM: CHILD AND YOUTH WORKER

SEMESTER: FIVE

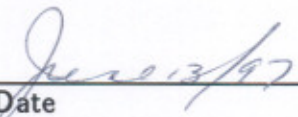
DATE: SEPTEMBER 1997

AUTHOR: MICHAEL MCFARLING MA., CCW.

APPROVED:



Dean, Health and Human Sciences
and Teacher Education



Date

Instructor: Michael McFarling
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PREREQUISITE: Counselling Skills II
CCW 409

PHILOSOPHY/GOALS

Child and Youth workers are required to work with individuals in a wide range of complex interactions. It is essential that the worker has as full a picture of the client as is possible. It is in this regard that the student needs to explore issues in human sexuality to achieve a different, expanded view of the client.

The principal goal of this course is to present to the student a body of information in the area of human sexuality. In conjunction with this, it is anticipated that the student will explore his/her own sexual values and attitudes and reach an understanding of how these influence the helping relationship.

LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE

Upon successful completion of this course the student will be able to:

1. **Design and implement strategies which promote client advocacy and community education to enhance psychosexual development in children, youths and their families.**

Potential Elements of the performance

- a. Label the appropriate structures diagrammatically.
- b. Describe the function and role played by each in the human sexual response cycle.
- c. Define the issues that may be problematic.
- d. Discuss the role that hormones play in the expression of human sexuality.

2. **Understand relationships among individuals and society.**

Potential Elements of the Performance

- a. Explain the role of gender in sexual learning.
- b. Identify the role that family structure and function plays in this area.
- c. Describe the role that the socialization process in general plays in the development of a sexual identity.
- d. Discuss the role media plays that is influential in the development of sex roles.

- 3a. **Manage the use of time and other resources to attain personal and/or project related goals.**
- b. **Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.**

Potential Elements of the Performance

- a. Engage in the preparation of a group presentation in an area of mutual interest from areas suggested or another agreed to with the instructor.
 - b. Conduct the presentation using a variety of materials and methods that are appropriate to the subject area as well as to the needs of the audience.
 - c. Preparation of a written report to reflect the essential components of the presentation. The report is to be typed in the appropriate format.
4. **Foster and utilize therapeutic environments which respect culture and which promote the overall well-being and facilitates positive change for children and their families.**

Potential Elements of the Performance

- a. Discuss the historical basis leading to the development of cultural attitudes, perceptions and values in the area of human sexuality.
- b. Discuss the methodology of and outline the role that research plays in the study of human sexuality.
- c. Discuss with supporting data, acceptable sexual behavior and the role that "context" plays in the determination of the acceptable nature of the behavior.
- d. Formulate a behavior response plan

TOPICS TO BE COVERED

Topics include and are not necessarily limited to the following:

- . General Concept of Human Sexuality
- . Anatomy and Physiology
- . Role of Hormones in the Sexual Response Cycle
- . Birth Control
- . Pregnancy and Child Birth
- . Gender Identity/Gender Roles
- . Sexual Rights and Responsibilities
- . Relationships
- . Sexual Abuse

LEARNING ACTIVITIES

Learning activities will vary according to the nature of the material being presented and discussed. Generally these methods will include:

1. Discussion of required readings
2. Completion of assignments in study guide
3. Lecture
4. Film
5. Student preparation/presentation
6. Book reviews
7. Tests/quizzes

REQUIRED STUDENT RESOURCES

1. King,B., (1996). Human sexuality today. Englewood Cliffs, NJ: Prentice Hall.

EVALUATION METHODS

- | | | | |
|----|------------------------------|------------|-----|
| a) | Book Report | Dec. 10/97 | 10% |
| | * see attached. | | |
| b) | Test 1 | Oct. 9/97 | 20% |
| | Test 2 | Nov. 13/97 | 20% |
| | Test 3 | Dec. 18/97 | 20% |
| c) | Quiz(s) | random | 20% |
| d) | Team Presentations | | 10% |
| | * to be scheduled in week 2. | | |

PRESENTATION PREPARATION

An important skill area that needs to be addressed is in the area of the presentation. A skill essential to this is the ability to research an area of interest and to develop and present research findings in a professional manner. The student presentations for this course are of a team nature. Members of the teams will be responsible to evaluate their own performance. A number of factors need to be addressed in order to effectively deal with this assignment.

As a group/team you are to:

- a. arrive at consensus as to the nature of the task to be completed.
- b. establish the strategies that are necessary to complete the task.
- c. identify the roles of the individual members of the team as they relate to the accomplishment of the task.
- d. clarify ones own role and fulfil the demands of that role in a timely manner.
- e. contribute your own ideas opinions and information while demonstrating respect for those of others.
- f. regularly assess the groups progress and interactions and make the required adjustments.
- g. determine the appropriateness of the seminar content based on the time available for the presentation.

COLLEGE GRADING POLICY

90 - 100% = A+
80 - 89% = A
70 - 79% = B
60 - 69% = C
BELOW 60% = R

SPECIAL NOTE

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor and/or the Special Needs Office, Room E1204, ext. 493, 717, 491 so that support services can be arranged for you.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post secondary institutions.

Substitute course information is available at the Registrar's Office.

PRIOR LEARNING ASSESSMENT

Students who wish to apply for advanced credit in the course need to consult with the instructor. Credit for prior learning will be determined following this meeting.

PRESENTATION

Presentation skills are an important aspect of professional development. A skill that is essential in this regard is the ability to research, develop and present in a professional manner the findings of the research. The presentation for this course will be of a team nature. The members of the team will be required to evaluate their own performance as a learning tool as well as a contribution to the final evaluation for the course.

Time:

The time allotted for each of the presentations is approximately ONE hour. This will require that the team be prepared to present on the scheduled day and be sufficiently organized to cover the appropriate material in a fairly limited time frame.

Photocopying:

Material that needs to be photocopied will be copied by the instructor if received one week prior to the presentation. Any overheads that need to be produced will be handled in a similar manner. Material to which copyright applies will not be done without the appropriate clearances. This can be a time consuming process.

AV Equipment:

This equipment needs to be booked through the instructor well in advance of the presentation. There is usually a high demand for this equipment so book early. Students will be responsible for pick up and return of this equipment in as timely a manner as is possible.

Written Submissions:

It is essential that the groups submit at the conclusion of their presentation the written portion of the presentation. This must be typed and consist of a detailed summary of the presentation. Any data quoted in the presentation needs to be substantiated with the appropriate reference. It is important to remember that you are free to use as many resources as you perceive to be appropriate but all of these must be given credit in the final paper.

As is the expectation at this senior level, professional appearance is important in both the presentation itself and in the final written summation.

RESEARCH AREAS

There will be time allotted in class to discuss the issues that may surface in the area of human sexuality. The teams are to select pertinent issue and present this issue to the class as a whole for discussion.

Pertinent issues might include:

- . worker life-style choices as a factor impacting the therapeutic relationship
- . personal conflict issues in conception control
- . staff personal relationships as a factor impacting the therapeutic process.

These are a few suggestions only. This is an area that all participants are expected to pursue an area of their own interest.

In that the student is to assume primary responsibility for the topic in this assignment the student is required to tailor the presentation in a manner appropriate to the delivery of the information being relayed.